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RESUME

OBJECTIVE

Provide quality sessions of professional massage and training. Massage for the spa environment, movement awareness and yoga, teach people tools that help them raise the level of consciousness and heal wounds that are within ourselves. Develop a practice that gives the community professional massage therapy, improving learning disabilities, Structural Integration, One Brain, spiritual counseling and self-awareness sessions.

SIGNIFICANT EXPERIENCE

- Head of the Massage Department at Reidman College (The largest and the first college for alternative, complementary and integrative medicine with six branches all over Israel) and teacher for advanced trainings as well as developing and implementing new massage training, staff training and keeping up with current knowledge.
- Giving sessions internationally; USA, Canada, France, Switzerland, Netherlands.
- Faculty member at Educating Hands School of Massage teaching TouchAbilities®, Swedish Massage, Deep Tissue Massage, Hydrotherapy, Postural Evaluation, Student Clinic, Ethics and Kinesiology & Palpation. Also teacher of workshops developed by Gilad: Balancing the Senses - The Neuro Developmental Functional Approach Therapy and Gentle Corrective Stimuli, Myofascial Release Techniques, Emotional Release Bodywork and Postural Integration Certification Program.
- Lead Developmental Specialist and Massage Therapy at Miami Beach Pediatrics Center for Integrative Medicine.
- Volunteer at Trauma Resolution Center – Clinician volunteer.
- Emotional Healing with The Journey method, emotional healing on the cellular level
- Personal and couples coaching for improving people's life and relationships using The Frequency coaching.
- Senior Teacher of the Neuro-Developmental Functional Approach (NDFAT) practitioners course. Responsible for the practical aspects of the course (physical exercise, body mechanics, massage, practitioners development) for The Center for Improving Learning Skills Even-Yehuda, Israel.
- Head of the Massage program (Swedish massage, Therapeutic massage, Bodymind and emotional Release training) at Medica College, Cfar-Saba and Tsabar Collage Jerusalem, Israel.
- Senior Teacher and practitioner at the Elbaum Center for learning Disabilities, Cfar-Saba, Israel.
- Yoga Teacher at community centers.
- Founder & President for 7 years of the Association for Massage and Bodywork in Israel (AMBI).
- Developing and teaching the “Massage for the home” non-professional massage training including training teacher to teach it.
- Developer and trainer of “Journey to the Inner Child” workshop with Vera Schafman.

- Training and supporting the training and assimilation of knowledge of new massage teachers and teachers in the NDFAT course.
- Supervision of massage therapy practitioners and NDFA Practitioners.

Clinical Practice

- Emotional Healing sessions using The Journey Method.
- Integrated session (Journey Massage) of Bodywork and Journey method sessions.
- Personal and couple's coaching using The Frequency Coaching.
- Working with individuals and couples with non-violent communication.
- Bodymind bodywork sessions combining different modalities like Structural Integration (Rolfing), Rebirthing, Reichian Massage, Hakomi, A course In Miracles, bioenergetics and more.
- Massage therapy for physical pain and injury. Integrating pfrimer, Deep tissue massage, Passive Joint Movement, Proprioceptive Neuromuscular Facilitation (PNF), fascial (Connective tissue) understanding, NMT, and more
- Improving learning Skills and learning Disabilities using NDFAT, the Elbaum Method and yoga.
- Accompanying chronically and terminally ill adults using massage and spiritual counseling in their home.
- Improving posture with Structural Integration (Rolfing) and yoga Exercise.
- Swedish Massage for well being and daily maintenance.

Training and Development

- Revision, Development, training, control of Programs, teachers, assistants at Reidman College
- Developing Postural Integration Certification program Continuing Education training.
- Developing Emotional Release Bodywork Continuing Education workshop.
- Developing Myofascial Release Techniques Continuing Education workshop.
- Developing a new touch modality – Gentle Corrective Stimuli, a Gentle myofascial technique for balancing the soft tissues.
- Designing and conducting training of workshops of non-violent communication.
- Designing, planning, implementing and teaching: the practical aspect of the NDFAT course, Swedish massage course, therapeutic, Bodymind for practitioners, massage course, infant massage course, "Massage for the home" nonprofessional massage training, "Journey to the Inner Child" workshop (with Vera Schafman).
- Designing and conducting training courses, workshops, institutes and conferences in Israel.
- Presenting at various organizations, schools, civic groups and conferences.

Professional Experience

Teaching

- Head of the massage department and Teacher at Reidman College Israel (2.18-present)
- Teaching Continuing Education at Educating Hands School of Massage (10/10-8/17)
- Faculty member at Educating Hands school of Massage Miami FL (10/10-8/17)
- Co-Trainer, with Vera Schafman in "Connecting with the inner child" Spiritual workshop. T.A. ,E-urica (Beit Yanai) Israel (8/1999-present)
- Teaching in the NDFAT – Neuro Developmental Functional Approach Therapy (NDFAT) Therapists course with the developmental psychologist Rami Kats Ra'anana Israel (10/1998-4/10)
- Head of the Massage program (Swedish massage, Therapeutic massage, Bodymind and emotional Release training) Medica College Cfar-Saba Israel (10/2000-7/2010)
- Teaching, Massage and movement awareness, at the Elbaum Collage, Cfar-Saba 8/1992-10/1995
- Teaching yoga in Kibbutz Bahan Israel (7/2004-04/08)
- Conducting Yoga laughter groups in Kibbutz Bahan and at schools, organization and professional training (2/2007-7/08)

- Teaching yoga in Water Park Yavne Israel (12/1998-8/2003)
- Teaching, at the Reidman Collage Professional Swedish massage and Deep tissue Massage T.A. Israel (4/1992-8/1994)
- Teaching, movement awareness classes at the Reidman Collage T.A. Israel (10/1996-6/1998)
- Co-teaching, support groups of “A course in Miracles” with Vera Schafman T.A. Israel (10/1999-11/2002)
- Group coordinator - Assisting in classes of “A course in miracles” (Group coordinator) (1/1988-10/1990)
- Assistant - Assistant Teacher Assisting in Erhard training (EST) (5/1983-4/1984)

Private Clientele

- Trainer (Supporter of Trainees) in Journey trainings, 10/17-Present
- The Journey Method Online Coach 5/18-Pereset
- The Journey Method 05/16-Present
- The Frequency Couples Coaching 11//15-Present
- The Frequency Personal Coaching 11/14-Present
- NDFAT Therapy specialist at Miami Beach Pediatrics 10/10-present
- NVC Coach 12/07-present
- Yoga Laughter Instructor 09/06-present
- Metaphysical Counseling 08/2002-present
- One Brain Technique 12/1998-present
- Improving learning disabilities and enhancing learning capabilities using The NDFAT – Neuro Developmental Functional Approach Therapy 04/1996-present
- Improving learning disabilities using the Elbaum Method 07/1992-present
- Structural Integration (Rolfing) 08/1991-present
- Integration of massage therapy techniques 09/1990-present
- Body mind Sessions, spiritual counseling, Rebirthing 08/1988-present

Education/License

- Scar work and Bone work with Sharon Wheeler 10/18
- E-motion trauma release with Dorothe Trassl 7/18
- The Journey, Radiant Health Workshop with Bet Diening 5/18
- The Journey Accredited Journey Practitioner 5/18
- The Journey, Journey Practitioner Mastery with Brandon Bays 4/18
- The Journey, Trauma Release with Kevin Billet and Dorothe Trassl 4/18
- Pelvis Workshop with Sharon Wheeler 10/17
- The Journey, Life Transformation Week with Brandon Bays 8/17
- NMT Head and Neck with Judith DeLaney 5/17
- The Journey, Abundance workshop 5/17
- NMT for the Torso and Pelvis with Judith DeLaney 4/17
- Eric Dalton Understanding pain puzzle 4/17
- Gil Hedley “What is the Fuzz?” 2/07
- ABMP Instructors on the Front Line – Peer Learning 1/17
- The Journey No Ego Retreat with Brandon Bays and Kevin Billet 12/16
- The Journey Healing with Conscious Communication with Ann Nolan 8/16
- The Journey Intensive and Advanced Skills with Skip Lacky 5/16
- NMT for Cervical/Cranium with Judith DeLaney 5/16
- The Frequency Couples Coaching 11/15
- NMT for Lower Extremity with Judith DeLaney 11/15
- Hand and Forearm Pain with Judith DeLaney 7/15
- Spray and Stretch Techniques with Judith DeLaney 7/15
- Fertility Massage Certification 6/15
- NMT and the Breath of Life with Judith DeLaney 5/15

- IMT Postural Assessment Head, Neck and Trunk 3/15
- NMT for Upper Extremity with Judith DeLaney 3/15
- Instructors on the front line: creating experiential learning experience 2/16
- The Frequency Personal Coaching 11/14
- Lomi Lomi level 1 EHSM Miami FL 5/13
- Trauma Incident Reduction (TIR) Trauma Resolution Center Miami FL 1/13
- 21 Deep Tissue techniques EHSM Miami FL 8/12
- 10 myths about pain online With Ben Benjamin webinar 11/11
- ABMP teachers training Ft. Lauderdale FL
- Effective Teaching Strategies: Connecting the Lesson to the Learner with Susan Salvo and Daniel Norris, PhD. 6/11
- Cancer Treatment and Massage Therapy with Tracy Walton and Gayle MacDonald Webinar 6/11
- Tensegrity level I Educating Hands School of Massage Miami FL 4/11
- Structural Integration advanced workshop San-Francisco Ca. 3/11
- Structural Integration advanced workshop Zurich Swiss 7/10
- Florida Licensed Massage Therapist MA 54803 10/08
- NVC (Non Violent Communication) Meitarim Center 12/07
- Yoga Laughter Instructor 9/2006
- Mediation - Gome-the Israel Center for Mediation 8/2005
- Doctoral degree in Metaphysical Science (Spiritual Counseling) University of Metaphysics L.A. Ca. 8/2003
- Bodymind therapy-One Brain –three in one concepts 12/1998
- Structural Integration The Guild of Structural Integration Boulder Co. 5/1996
- NDFAT – Neuro Developmental Functional Approach Therapy The Center for Improving Learning Disabilities Even-Yehuda Israel 2/1996
- Yoga Teachers Course Sivanannda Headquarters Val Morin Canada 7/1995
- Body mind therapy, the Moshe Elbaum method Reidman Collage T.A. Israel 7/1993
- Reflexology Reidman Collage T.A. Israel 8/1992
- Untie Reidman Collage T.A. Israel 5/1992
- Massage therapy program (Holistic Health Practitioner HHP) at IPSB (International Professional School of Bodywork) San-Diego Ca. (Setai shiatsu, Tui-Na, acupressure, Jin-shin Accutouch, Thai massage, Structural Integration, therapeutic massage, hydrotherapy, body mind Therapy (Hakomi, Ed Maupin, carol Osborn sheets), passive joint Movement) 12/1991
- Massage for the child bearing Year & infant massage Carroll Osborn Sheets and Kate Jordan San Diego Ca. 7/1991
- Swedish massage Reidman Collage T.A. Israel 9/1990
- Rebirthing – Leonard Orr and Dayana Yogi Conscious Village Ca. 8/1988
- A course in miracles 9/1987
- Automation and Control Singalowsky professional high school Tel-Aviv Israel 08/1987

Publications

- Article: "What is Swedish massage" alternative pages – 2000
- Article: "Support for the terminally ill" Israeli massage magazine 2004 (also translated into English)
- Article: "Learning disabilities – the Neuro-Developmental Functional Approach Therapy" Israeli naturopath magazine 2005 (also translated into English)
- Article: "Why do we need touch" 0-5 web site 2005
- DVD: "European massage" 2005
- Article: "What do babies need?" 0-5 web site 2005 (also translated into English)
- Article: "Structural Integration" Israeli massage magazine. 2005 (also translated into English)
- Article: "What do we learn for computers about humans" 2007 (also translated into English)
- Article: "It only takes two minutes to create a change" 2007
- Article: "What is breath" 2008 (English)
- Looking into the human Need to connect (English)
- Feelings emotions and their relation (English)
- Tips For Relationships (English) 2011
- Set your sights on Structural Integration (English) 2014
- The dangers of being a Mother (English) 2015
- "The Untouchables" Muscles Thank are not commonly touched (English) 2016